



# ANNUAL REPORT

## MSU Extension Menominee County

Food • Ag • Youth • Health • Environment • Community

Since 1914, Michigan State University (MSU) Extension has helped residents in Menominee County improve their lives through an educational process that applies knowledge to critical issues, needs, and opportunities.

**22**

Programs hosted in Menominee County

**242**

Participants attended programs hosted in Menominee County

**110**

MSU Extension Programs (in county, online or statewide) were attended by Menominee County residents

**552**

Menominee County Residents attended MSU Extension Programs (in county, on-line or statewide)

**437**

Individual Class Sessions Attended

**14**

Submissions to Ask Extension

**21**

Programs delivered by Menominee County staff

## MENOMINEE COUNTY STAFF

**1**

Community Nutrition Instructor

**1**

4-H Program Coordinator

**8**

Partnerships and coalitions

# MENOMINEE COUNTY FOCUS AREAS

## Agriculture

MSU Extension works to increase farmers' success while protecting the environment, ensuring food safety, reaching new markets and advancing agriculture through applied research. Agriculture is now one of the fastest growing sectors of the Michigan economy. Highlights include:

- U.P. Agriculture for Tomorrow Conference
- Commercial and Residential Soil Testing
- MI Ag Ideas to Grow With Conference
- Beginning Farmers DEMaND Series (Webinar Program)
- Heroes to Hives Online Program

## Environment

Our natural resources programs improve public understanding, help landowners and communities use those assets for sustainable long-term social and economic development and conserve natural resources for future generations. Highlights include:

- 2022 Introduction to Lakes Online
- Great Lakes Stewardship Initiative - Communicating About Climate Change in Our Classrooms and Communities
- Not MI Species Webinar: Step Aboard the Clean Boats Clean Water Grant Program

## Community

Successful and thriving communities combine knowledgeable and engaged legislators, businesses, community groups and residents. By connecting these groups with the most trusted tools, MSU Extension helps enhance the quality of life in Michigan. Highlights include:

- New Commissioner School
- Zoning Administrator Certificate Training Program
- Fiscally Ready Communities
- Product Center Client Consultations
- Homebuyer Education
- Communicating through Conflict Webinar

## Health & Nutrition

MSU Extension's programming promotes healthy lifestyles and empowers Michigan residents to take control of their health. Participants learn how to build nutritious diets on a budget, reduce food borne diseases and become leaders in the food industry. Highlights include:

- Pickling Workshop - Hannahville Indian Community
- Show Me Nutrition – Stephenson Area & Carney Nadeau Public Schools (Elementary)
- North Central Elementary - Fruits & Veggies Lesson
- Food As Medicine-Eat Healthy Be Active
- Preserving MI Harvest
- RELAX Alternatives to Anger
- Tai Chi for Arthritis and Fall Prevention
- Michigan Cottage Food Law
- Stress Less with Mindfulness

## 4-H Programs and Youth

Keeping Michigan families strong and successful—financially, emotionally and physically—is a big part of measuring MSU Extension's success. Programs devoted to keeping families safe include those dealing with bullying and violence prevention. Highlights include:

- Menominee County 4-H Leader Council Trainings
- Menominee County 4-H CPR Class
- Menominee County 4-H State Awards 2022
- Menominee County 4-H Photography Camp
- 4-H SPIN (Special Interest) Clubs: Art, Poultry, Craft, Stephenson Rubik's Cube Mosaics
- 4-H Exploration Days
- Child Abuse Reporting Protocols Menominee Trainings
- U.P. State Fair Livestock Market Record Book
- U.P. State Fair: Animal Ethics, Animal Senses, Reading Your Animal, Ag Careers, Dairy Cattle Behavior and Welfare
- Working Together to Develop Early Literacy Skills Extension Extras Parenting Hour
- Building Early Emotional Skills for Early Childhood Professionals Online Desire 2 Learn (D2L) Course

## Menominee County 4-H

*According to research completed by the Institute for Applied Research in Youth Development at Tufts University, 4-H'ers are **4X** more likely to make contributions to their communities, **2X** more likely to be civically active, and **2X** more likely to make healthier choices.*

**25**  
Clubs/Programs

**241**  
Members

**58**  
Adult Volunteers